

Utah's County Crisis Hotlines

County	Phone Number	Who Answers?	Push-button Menu, Hold, or Transfer?	Live Counselor- Immediately Available 24 hrs.
Beaver, Garfield, Iron, Kane Counties Southwest Behavioral Health Center Mike Deal	(800) 574-6763	LCSW -After-hours On-call therapist	Push-button Menu -options of Youth or Adult services	No
Box Elder County Bear River Mental Health Handle calls concerning Mental Health & Substance Abuse	(435) 452-8612	Therapists- some Bachelors, some LSWs, some Dr Psych	Immediate answer during the day- message at night with mobile number	No
Cache, Rich Counties Bear River Mental Health Handle calls concerning Mental Health & Substance Abuse	(435) 752-0750 (435) 757-3240	Therapists- some Bachelors, some LSWs, some Dr Psych	Immediate answer during the day- message at night with mobile number	No
Cache, Rich Counties Bear River Mental Health Handle calls concerning Mental Health & Substance Abuse	(435) 752-0750 (435) 757-3240	Therapists- some Bachelors, some LSWs, some Dr Psych	Immediate answer during the day- message at night with mobile number	No
Carbon County Carbon County Dispatch	(435) 637-0893	Dispatcher-Sheriff's office dispatch	Answer by dispatch and Transfer	No
Davis County Davis Behavioral Health	(801) 773-7060	Operator-receptionist	Put on hold	No
Duchesne, Daggett, Uintah Counties Northeastern Counselling Center	(435) 828-8241	No Answer- Message asking the caller to call back in 5 minutes	Message requesting callback	No
Emery County	911 or (435) 381-2404	Dispatcher-Sheriff's office dispatch - Transfers to Mental health Provider	Answer by dispatch and Transfer	No

County	Phone Number	Who Answers?	Phone tree, Hold, or Transfer?	Live Counselor- Immediately Available 24 hrs.
Grand County Grand County Sheriff Four Corner's Mental Health	(435) 259-8115	Sheriff's office Administration. From there directed to Four Corners Mental Health	Answered by Admin and Transfer	No
Juab, Millard, Piute, Sanpete, Sevier, Wayne Counties Central Utah Counselling Center	(800) 523-7412 (877)-469-2822	Press Zero- on hold or call back in about 30 minutes	Push-button Menu-on hold	No
Salt Lake County U of U University Neuropsychiatric Institute (UNI)	(801) 587-3000	LCSW	Immediate Answer	Yes
San Juan County San Juan Counseling	(435) 979-1588	LCSW or LCMHC	Immediate Answer	No
Summit County Valley Behavioral Health	(435) 649-9079	Trained clinicians	Immediate Answer	No
Tooele County Valley Mental Health	(435) 882-5600	Tooele County Dispatch answers- they will transfer to Valley Mental Health if needed	Push-button Menu	No
Utah County Wasatch Mental Health	(801) 373-7393	Volunteer answered- she directs to trained clinicians	Immediate Answer	No
Wasatch County Wasatch Mental Health	(801) 318-4016	Secretary Answered- she screens calls and directs caller to trained clinician	Immediate Answer	No
Washington County Southwest Behavioral Health Center Mike Deal	(435) 634-5600	LCSW -After hours-on- call therapist	Push-Button Menu -options of Youth or Adult services	No
Weber & Morgan Counties Weber Human Services	(801) 625-3700	Screeener answers and send caller to appropriate licensed therapist	Immediate Answer	No